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HENRY BAKER COLLEGE MELUKAVU

DEPARTMENT OF
PHYSICAL EDUCATION

ACADEMIC YEAR

2023-24

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu, a Christian, Minority, Co-Educational, Government-aided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala, Accredited by NAAC with 'A' Grade and An ISO 9001:2015 certified Institution.

DEPARTMENT OF PHYSICAL EDUCATION HENRY BAKER COLLEGE, MELUKAVU

Report 2023-2024

The Department of Physical Education organized several dynamic and engaging sports events during the academic year 2023-2024. These programs aimed to foster sportsmanship, teamwork, and physical fitness among students and staff. From high-energy tournaments to skill-building workshops, the department's initiatives provided ample opportunities for participants to showcase their talents and enhance their athletic skills.

Yoga Day

On June 21, 2023, the National Service Scheme and the Department of Physical Education at Henry Baker College, Melukavu, celebrated Yoga Day. The event was held in the seminar hall and was inaugurated by Principal Dr. Gireesh Kumar G.S. The yoga session was led by instructor Krishnadas Chinappan. Participants, including students and staff, engaged in theoretical and practical sessions, learning various yoga postures and techniques to promote physical and mental well-being.

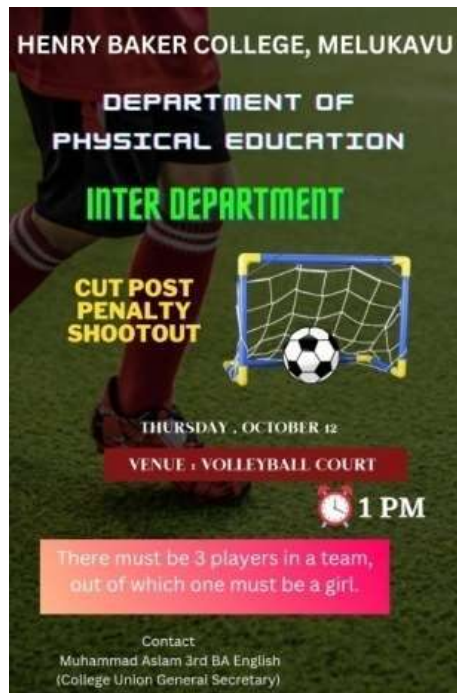




Inter-Department Cut Post Penalty Shootout

The Inter-Department Cut Post Penalty Shootout took place on October 12, 2023. This unique event required each team to have three players, with at least one female member. The College Union General Secretary inaugurated the competition. Various departments participated with enthusiasm, showcasing their penalty-shooting skills and team coordination.





Football League

The Football League, organized by the Department of Physical Education in collaboration with the Vachathi Kalalaya Union, was held on December 20, 2023. Four teams—Phoenix, HBC United, Dracarys, and FC Flemingo competed in the league. Students managed the teams, with players selected through an auction process. Principal Dr. Gireesh Kumar G.S. inaugurated the event. It provided a platform for showcasing football talent and fostering team spirit.





Inter-Department Cricket Tournament

On February 21, 2024, the Department of Physical Education hosted an Inter-Department Cricket Tournament. The Union Chairman inaugurated the event. Students and staff from various departments participated in the matches, displaying exceptional cricketing skills. The Department of Commerce emerged as the champion, defeating the Department of History in the final game.

Badminton Competition

Starting on February 27, 2024, the Department of Physical Education organized a Badminton Competition for men and women students and staff. The competition featured both doubles and singles matches. Students from several departments participated, demonstrating their prowess in badminton and fostering a spirit of healthy competition.

Henry Baker college, Melukavu
Department of Physical Education

**LET'S PLAY
BADMINTON**

**MEN'S & WOMEN'S
BADMINTON COMPETITION**
(DOUBLES & SINGLES)

VENUE: INDOOR STADIUM

**STARTS AT
FEB 27**

NOTE

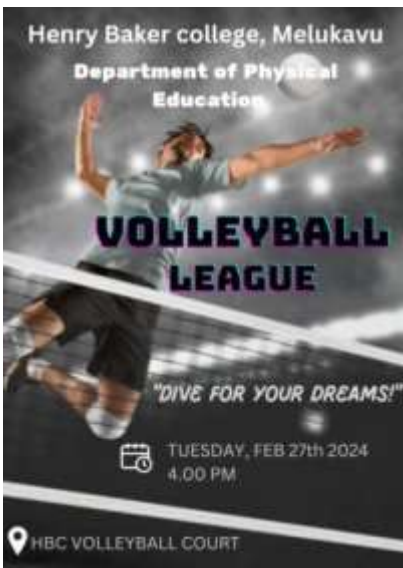
- REGISTER BEFORE 26th MONDAY 1.30 PM AT THE PHYSICAL EDUCATION DEPARTMENT
- CARRY BADMINTON RACKET IF POSSIBLE





Volleyball League

On February 27, 2024, the Volleyball League was conducted. Teams were managed by students, with players selected through auctions. There were three student teams and one staff team. The staff team displayed outstanding performance and won the league, adding to the day's excitement.





Chess Tournament

A Chess Tournament for all students and staff was held on March 7, 2024. The event was inaugurated by Principal Dr. Gireesh Kumar G.S. Participants, including students and staff, competed in the tournament, showcasing their strategic thinking and chess skills. It was a day of intense mental battles and camaraderie.





Jersey Launch

Following the chess tournament on March 7, 2024, a jersey launch ceremony for the staff team was conducted. Principal Dr. Gireesh Kumar G.S. handed over the jerseys to the staff team. This event marked a significant moment, symbolizing unity and team spirit among the staff members.





Sports Merit Day

The final event of the academic year was the Sports Merit Day, held on March 15, 2024. Organized by the Department of Physical Education, this event recognized and celebrated the achievements of all winners of sports activities for the 2023-2024 academic year. Certificates were awarded to the winners, acknowledging their hard work, dedication, and sporting excellence.





These programs conducted by the Department of Physical Education at Henry Baker College, Melukavu, highlight the college's commitment to promoting physical fitness, teamwork, and overall well-being among students and staff.

MG University Inter-Collegiate Football Tournament

On October 20, 2023, Henry Baker College, Melukavu, proudly participated in the MG University Inter-Collegiate Football Tournament held at Baselius College, Kottayam. Representing the college with great enthusiasm and determination, 17 students competed in this prestigious event. The team showcased their talent and teamwork, winning in the first match. Despite their best efforts, they faced a tough challenge in the second match and were ultimately defeated. The tournament provided invaluable experience for the players, highlighting their skills and competitive spirit on a larger stage. The participation in this event underscored the college's commitment to fostering athletic excellence and sportsmanship among its students.



MG University Inter-Collegiate Chess Tournament

On December 12, 2023, Henry Baker College, Melukavu, participated in the MG University Inter-Collegiate Chess Tournament held at St. Thomas College, Kozhencherry. Four talented students represented the college, showcasing their strategic skills and deep understanding of the game. Each participant played exceptionally well, demonstrating dedication and competitive spirit throughout the tournament. This event provided an excellent platform for the students to challenge themselves against peers from other institutions, further enhancing their chess abilities and bringing pride to Henry Baker College.



MG University Inter-Collegiate Football Tournament Participants

Sl No.	Name	class
1.	NASIM NABOOB	3rd BCOM
2.	MUHAMMED ASLAM	3rd BA ENGLISH
3.	ALBIN SOJAN	3rd BA ENGLISH
4.	BALABHASKAR P S	3rd BCOM
5.	MUHAMMED INTHISHAM	3rd BCOM
6.	MUHAMMED IHTHISHAM	3rd BCOM
7.	BERNAD WILSON	1st BCOM
8.	TIBY TOMY	1st BCOM
9.	JISMAL SHAFEEK	1st BA HISTORY
10.	SUBIN C MICHAEL	3rd BCOM
11.	KIRAN BINU	1st BCOM
12.	JUSTIN JOSEPH	2nd MA HISTORY
13.	IMRAN AMANULLA	2nd BA ENGLISH
14.	SHIYAS IBRAHIM	2nd BA ENGLISH
15.	GOPIKRISHNAN KR	3rd BA HISTORY
16.	ANANDU S	1st BCOM
17.	GINO JAMES	1st BCOM

MG University Inter-Collegiate Chess Tournament Participants

Sl No.	Name	class
1.	IMRAN AMANULLA	2nd BA ENGLISH
2.	ALEXIAN JOB	3rd B.Com
3.	VISHNU VINOD	3rd BA ENGLISH
4.	VIVEK P BIJU	3rd B.Com